

General Information

Outdoor Activities

There are many outdoor activities available at Three Springs including swimming in the creek and pond, hiking on our extensive trail network, assisting in the garden. We are surrounded by the Sierra National Forest which features recreation activities mountain biking, hiking, swimming, fishing, rock-climbing, backpacking, camping, etc. We are a short drive from many rivers including the San Joaquin, Merced, and Kings rivers, and lakes including Redinger, Bass Lake, Kerkoff, Corriane and Millerton. We live only 36 miles from the southern entrance to Yosemite National Park. The entrance fee is \$20, which is good for 7 days. High Sierra wilderness areas are also a short drive away. Many people take part in these activities and would be happy to accompany you on an adventure or give you directions and information about the abundance of wonderful outdoor opportunities in the area..

Entertainment and Shopping

North Fork, which is about five miles away, is the nearest town. It is a very small town with a gas station, a grocery, ATM, library, post office, two restaurants, a cooperative food buying group. Also, The Studio, which is a non-profit community center that offers Live music events and classes in yoga and akido. The Vipassana center offers 10 day meditation retreats. The next biggest town is Oakhurst, which is 20 miles away, where there are numerous restaurants and stores and a movie theatre and coffee shops. The city of Fresno is a major metropolitan area, about 45 miles away. There is the Fresno International Airport (FAT), Greyhound bus station and Amtrak. We make regular visits to these places so if you need something from town, or if you'd like to tag along, leave a note on the kitchen table or talk to someone about their plans.

Things to bring all year round:

flashlight/headlamp	water bottle	sun hat
rain gear	sunscreen	sunglasses
bathing suit (optional)	notebook	hiking or work boots
personal toiletries	a long distance calling card	

Depending on the time of the year that you are here:

October-April	May-September
umbrella	sandals
warm coat	moisturizing lotion
warm hat	
warm gloves or mittens	

Optional items:

vehicle	camera	instruments
bicycle	laptop	yoga mat
camping stove	music cd's	art supplies
ipod	day pack	pillow
sleeping bag or blanket	sheet	towel
garden snippers/cutters	work gloves	personal specialty food items